

# 2019 CREST Newsletter

June



## 5 Days 4 Nights, 3 Training Events in Kota Kinabalu, Sabah

CREST would like to thank the Sabah Chinese Annual Conference (SCAC), Methodist Social Concern Group for organizing this long training event.

In total, 23 participants completed the IDRN 1100 – Community Based Disaster Preparedness and 1300 – Community Based Disaster Response trainings.

20 of the same participants went on for practical training at the Basic Wilderness Survival & Search and Rescue.

### Feedback:-

“We learned from the practical exercises, case studies and simulation. Through these activities, we are able to apply the theories from the classroom training, and learned from the mistakes that we had made.”



*Group Photo with The President of Sabah CAC after The Opening Speech*



*Search & Rescue Team Carrying Out A “Victim” from the Wilderness*